

# TCCC-AC

## Radial Pulse Skill Sheet

**Objective:** Demonstrate the ability to locate and count a classmate's radial pulse.

**References:**

TCCC-AC Curriculum

**Evaluation:** Students will be evaluated as a Pass/Fail (P/F). The instructor will verify the student's ability to quickly locate a classmate's radial pulse and determine its rate by observing the student's procedure and technique, and by comparing the student's report of the pulse rate to his own measurement.

**Materials:**

Students perform the assessment on each other.

**Instructor Guidelines:**

1. Read the Learning Objective and the evaluation method to the student.
2. Explain the grading of the exercise.

**Performance Steps:**

1. Locate the radial pulse on the thumb side of the front of the wrist.
2. Palpate the radial pulse with the index and long finger over the artery.
3. Count the pulse for 30 seconds and multiply by 2 to get the pulse rate.
4. *INSTRUCTOR: Determine the classmate's pulse rate by palpating the other radial pulse. An accurate report of pulse rate indicates the student can actually feel his classmate's radial pulse.*

### Palpate the Radial Pulse

Task	Completed		
	1st	2nd	3 <sup>rd</sup>
Locate the radial pulse on the thumb side of the front of the wrist.	P / F	P / F	P / F
Count the pulse for 30 seconds and multiply by 2. Report this rate.	P / F	P / F	P / F
Repeat for brachial pulse.	P / F	P / F	P / F
Repeat for popliteal pulse.	P / F	P / F	P / F
Repeat for dorsalis pedis pulse.	P / F	P / F	P / F

**Critical Criteria:**

\_\_\_\_\_ Did not report the same pulse rates measured by the instructor.

**Evaluator's Comment**

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Pass: \_\_\_\_\_ Fail: \_\_\_\_\_

