

# DON'T WAIT UNTIL IT'S TOO LATE TO CALL

# 9-1-1



**Sometimes signs and symptoms occur before sudden cardiac arrest, these may include:**

- Chest pain or discomfort
- Heart palpitations
- Rapid or irregular heartbeats
- Unexplained wheezing
- Unexplained shortness of breath
- Weakness
- Fainting or near fainting
- Lightheadedness or dizziness

When you or a loved one is experiencing these signs and symptoms, please call 9-1-1 immediately. The consequences of avoiding medical treatment could be fatal.

**Recognize the immediate signs symptoms of sudden cardiac arrest:**

- Sudden collapse
- No breathing
- No pulse
- Loss of consciousness

